



## Hammonasset Rules

Hammonasset Beach State Park

[www.hammoconnect.com](http://www.hammoconnect.com)

**Please be sure that all advisors and youth are aware of the rules.**

1. Advisors are accountable for the youth in their care at all times.
2. Attendance and participation by youth and adults in all aspects of the weekend is mandatory. Advisors should set a good example for their youth by actively and enthusiastically participating.
3. Youth who bring cars to this event should not be allowed to leave the campground during the weekend. Advisors will be given parking permits for the weekend. Vehicles will not be allowed to re-enter the campground without the permit. Campground speed limit is 10 mph.
4. At least one adult must be with your youth at the beach during free time.
5. Swimming during free time will be from 1:00 to 3:00 PM only. There will be no paid lifeguards on duty. Swimming is at your own risk!
6. Connecticut State Park rules state that no one is allowed on the beach after sundown. There will be a fine for anyone caught on the beach at that time. The committee supports these state rules. Please be aware that there will be no park lifeguards on the beach throughout this event.
7. No bike riding, inline skating, roller-skating, or skateboarding is allowed after sunset. (This is a State Park rule.) Please encourage the use of proper safety equipment for these activities (helmet, pads, wrist guards, etc.) during daylight hours.
8. Quiet time (per State Park rules) is from 11:00pm to 7:00am. No amplified music is allowed after 10:30pm.
9. There is no central first-aid station for the event. Each youth advisor is responsible for any personal emergency care for their youth during the event. Organizers will have information on medical facilities in the area. Don't forget to bring a first-aid kit.
10. The committee asks that you please make sure your campsite is clean when you leave and that trash is disposed of in the proper place (dumpsters). The park staff has complimented us every year on the condition of the campsites at the conclusion of the event. Let's continue to do our job!
11. State Park officials recommend that the State Police be notified if any youth is considered missing for more than 30 minutes. The Committee will adhere to this recommendation. Please keep close tabs on your youth.